



# About Us

In the midst of the natural beauty of the 1000 Islands, tranquility permeates your being. Soothing and invigorating, our innately calm environment is the perfect setting for rejuvenation of the body and soul.

To unwind after a round of golf at Smuggler's Glen or subsequent to your journey to The Glen House, or simply after a harried day at work, a variety of spa treatments promise to revitalize and soothe the senses.

Everyone is welcome to enjoy the ambiance of the serene retreat, providing the pampering and care that you deserve.

Call Reservations at The Glen House Resort to book your appointment.

# The Glen House Spa

Our staff unveil the inner beauty of our clients is revealed as we make their spa experience most relaxing and pleasurable.

*Reserve an appointment with our staff to experience total bliss.*

Monday - closed

Tuesday, Wednesdays & Thursdays 10am -5pm

Fridays and Saturdays 10am - 6pm

Sundays 10am - 1pm

BY APPOINTMENT ONLY PLEASE



Please call the Glen House Spa by appointment only

**613.659.2204 ext. 100**

or inquire at [krista@glenhouseressort.com](mailto:krista@glenhouseressort.com)



Soothe  
Body and Soul

[www.glenhouseressort.com](http://www.glenhouseressort.com)

Spa Service Menu